4's Class Daily Schedule

6:30 - 8:30	Drop off/Free Choice Play
8:30 - 9:00	Handwashing/Breakfast
9:00 - 9:10	Morning Meeting/Read Aloud
9:10 - 9:50	Center Play/Exploration Time
9:50 - 10:05	Clean Up
10:05 - 10:25	Enrichment
10:25 - 10:50	Center Play/Exploration Time
11:00 - 12:00	AM Outside Time
12:00 - 12:45	Lunch
12:45 - 1:00	Quiet Time/Read Aloud/Nap Prep
1:00 - 3:00	Naptime/Diapering upon Wake up
3:00 - 3:30	PM Snack
3:30 - 4:00	Handwashing/Prep for PM Outside
4:00 - 5:00	PM Outside Time
5:00 - 5:30	Free Choice Play/Pick Up

ITEMS TO BRING TO CARE (label all items with the child's name):

- Water bottle brought daily and returned clean the next day (add current date each day)
- Cot-sized blanket to be left on the child's cot and washed weekly at CELC
- Two sets of extra weather-appropriate clothing, socks, (and underwear, if applicable) - labeled with the child's initials
- Rain boots and a rain jacket to leave at CELC
- Weather-appropriate outerwear (bring daily)
- Sun hat for children who do not use sunscreen (sunscreen provided by CELC if over-the-counter skin products authorization form is signed)

ITEMS NOT TO BRING:

- Toys or stuffed animals from home
- Snacks
- Pillows
- Over-the-counter medications such as Tylenol or cough syrup

The 4's class sleep or rest quietly on cots for a 2-hour rest period daily. Children are provided books to look at if they do not sleep and quiet activities to play with on their cots if they wake before the rest period is complete. Children are allowed to sleep beyond the designated rest time as needed. Sheets and blankets are washed weekly at CELC.

A menu of breakfast, lunch and snacks provided by CELC are posted at the entrance to the preschool hallway. Children are served a variety of healthy foods and staff avoid food which may be a choking hazard for young children. Children are allowed second helpings as desired. Families are welcome to opt out of the food program.